

## **INSTRUCTIONS FOLLOWING CROWN OR BRIDGE PLACEMENT**

1. Please avoid eating anything for two hours after placement.
2. There may be some sensitivity to temperature, especially cold. This cold lasts anywhere from a few days, weeks, or even months in some cases depending on the amount of decay that was present in the tooth and how much of the tooth needed to be reduced to allow room for the crown.
3. There may be some sensitivity around the gum. Rinse with warm salt water (1/2 teaspoon salt to a glass of warm water) several times daily to relieve this discomfort.
4. There may be some sensitivity to biting. If you feel you are biting on the crown first as you close your teeth together, please call us so we can adjust it for you.
5. You should floss crowns and bridges daily as you do all your teeth. You will need a special device called a bridge threader to floss under your bridge. Please ask if you did not receive your first free sample.
6. If your tooth begins to throb or ache it may require the nerve of the tooth to be removed (root canal treatment). Please contact us immediately to evaluate and treat your tooth appropriately and to relieve your pain.
7. Please do not hesitate to ask if you have any comments, questions, or concerns. We are here to serve you.

*Exceptional Care, Every Appointment*