

INSTRUCTIONS FOLLOWING FILLINGS:

TOOTH COLORED (COMPOSITE)

1. Please avoid eating or drinking until the numbness wears off to avoid biting your lip, tongue, or cheek. Approximately 2 to 3 hours.
2. There may be some sensitivity to temperature, especially cold. This could last anywhere from a few days to weeks. In rare cases even months depending on the amount of decay that was present in the tooth.
3. There may be some sensitivity to biting. If you feel you are biting on the filling first as you close your teeth together, please call us so we can adjust it for you.
4. There may be some sensitivity around the gum or at the injection site. Rinse with warm salt water (1/2 teaspoon salt to a glass of warm water) several times daily to relieve this discomfort.
5. If the nerves of your teeth were unhealthy before treatment, they may become symptomatic at this time. If the tooth does not settle down after the initial tenderness, please contact us. Root canal treatment may be necessary.
6. For the next hour refrain from smoking, drinking coffee, tea, cola, or eating anything that may stain your tooth colored fillings.
7. Our patients' health & happiness are very important to us. Please do not hesitate to ask if you have any comments, questions, or concerns. We are here to serve you.

Exceptional Care, Every Appointment