

This acrylic dental appliance has been custom designed and fabricated for you to the exact specifications of your dentist.

## **APPLIANCE CARE RECOMMENDATIONS**

- Allow the appliance to air dry in its container when not in use.
- Brush and floss your teeth, brush your tongue and rinse your mouth prior to use.
- Clean the appliance after use under cold water with a tooth brush, a drop of liquid soap and a thorough rinse.
- The regular use of over-the-counter denture cleaners with a maximum 20 minute soak will help manage any accumulation of minerals or stains.
- Removal of the appliance is best accomplished by using equal pressure on both sides of your mouth.
- Store safely away from pets.

IF YOU NOTICE ANY CHANGES IN YOUR SYMPTOMS, THE APPEARANCE OF YOUR MOUTH OR GUMS, OR IN THE APPEARANCE OF THE APPLIANCE ITSELF, CONTACT YOUR DENTIST.